

Restriction Code 1V Code used to Berwick on Tweed and stations in Scotland	OFF PEAK JOURNEYS FROM/VIA LONDON (including Stevenage, Watford Junction, Milton Keynes, Bedford & Luton).		
	Available as listed below MONDAYS-FRIDAYS (By any train on Bank Holidays and other days)		
	For journeys from southern England on CrossCountry via Birmingham use restriction code 2V or 8X as appropriate.		
		Outward travel NORTHBOUND – by any train scheduled to DEPART:	Return travel SOUTHBOUND – by any train scheduled to ARRIVE:
	London Terminals (except as shown below)	Mondays to Thursdays: Before 06:45, between 07:59 and 15:58 inclusive & at or after 17:46. Fridays: Before 06:45 and at or after 07:59	At any time.
	London Liverpool Street (from Greater Anglia restriction 9A)	Between 09:30 and 16:29 inclusive & at or after 18:34	At or after 10:00
	London St Pancras (from East Midlands Trains restriction 9J)	Between 09:01 and 16:29 inclusive & at or after 18:59	At or after 10:05
	London Euston (from Virgin Trains restriction 5F)	At or after 09:05	At or after 10:05. Also valid on all Scotrail Caledonian sleepers (with supplement).
	Stevenage	Mondays to Thursdays: Before 07:15, between 08:15 and 16:17 inclusive & at or after 17:55 Fridays: Before 07:15 and at or after 08:15.	At any time.
	Luton (from East Midlands Trains restriction 9J)	Between 09:01 and 16:29 inclusive & at or after 18:59	At or after 10:04
	Luton Airport Parkway (from East Midlands Trains restriction 9J)	Between 09:01 and 16:29 inclusive & at or after 18:59	At or after 10:04
	Bedford (from East Midlands Trains restriction 9J)	After 09:01	At or after 09:30
	Watford Junction (from Virgin Trains restriction 5F)	At or after 09:00	At or after 10:00. Also valid on all Scotrail Caledonian sleepers (with supplement).
	Milton Keynes Central (from Virgin Trains restriction 5F)	At or after 09:00	At or after 10:00. Also valid on all Scotrail Caledonian sleepers (with supplement).
	Restriction changes from 8th December 2013		
London St Pancras (from East Midlands Trains restriction 9J)	Between 09:01 and 16:26 inclusive & at or after 18:59	At or after 10:05	
Luton, Luton Airport Parkway (from East Midlands Trains restriction 9J)	Between 09:01 and 16:26 inclusive & at or after 18:59	At or after 10:04	
Restrictions are lifted from Tuesday 24th December 2013 until Wednesday 1st January 2014 inclusive, to London Kings Cross and Stevenage. For all other stations shown above please refer to the appropriate linked restriction.			