Service 30 operates daily. Services 31, 46 and 46A operate Mondays to Saturdays only. Service 301 operates a very limited daily service, evenings Mondays to Saturdays, mornings on Sundays.

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**Notes**

- Rail replacement buses will depart from the bus stop at the bottom of the approach road to the station.

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**Contact Centre**

- 03457 48 49 50

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**Social**

- [facebook](https://www.facebook.com/nationalrailenq)
- [twitter](https://twitter.com/nationalrailenq)

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**National Rail Enquiries**

- [nationalrail.co.uk](http://nationalrail.co.uk)

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**Local Cycle Info**

- [cumbria.gov.uk/cycling](http://cumbria.gov.uk/cycling)

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**Bus Times**

- [sustrans.org.uk](http://sustrans.org.uk)

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**PLUSBUS**

- [plusbus.info](http://plusbus.info)

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**Train Replacement Service**

- [Trainline](http://Trainline)

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**Community & Environmental Awards**

- [cumbria.gov.uk/community-awards](http://cumbria.gov.uk/community-awards)

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**Local Cycle Info**

- [National Cycle Network](http://National Cycle Network)

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**PlusBus**

- [nationalrail.co.uk/plusbike](http://nationalrail.co.uk/plusbike)

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