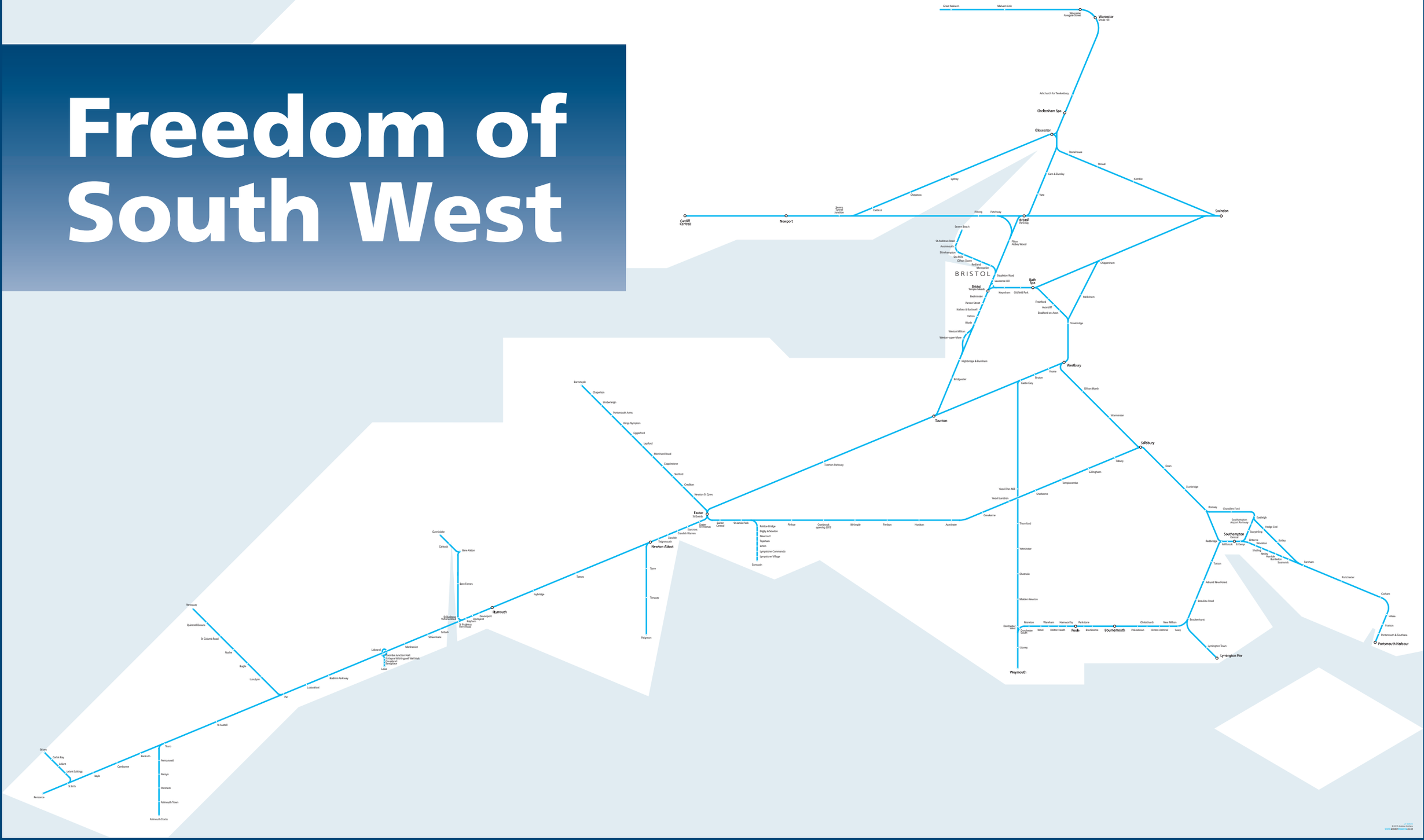Freedom of South West